

*"Go, set a watchman,  
Let him declare what he seeth."  
— Isaiah 21:6 —*

**The Sabbath**  
*Sentinel*

AUGUST, 1974



Fields of the Wood in North Carolina

**The Sabbath**

# Sentinel

EDITOR

Eugene Lincoln

Contributing editors: Dr. Allen Babcock, R. D. Bradshaw, Mrs. Ruth Thomas, Sally Ann White, K. H. Freeman.

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The object of this non-sectarian, non-denominational association is to bring together into one strong organization all believers in the Biblical seventh-day Sabbath (Saturday) regardless of sect, creed, or denomination, for the sole purpose of spreading knowledge of, belief in, and observance of the Creator's only Holy Day. The only qualification for membership is belief in the seventh-day Sabbath.

Annual member contribution: Regular or subscribing members, \$10.00; family membership \$10.00 (individual certificates issued but only one set of records maintained and only one copy of the Sentinel and other mailings sent); supporting members, \$10.00-\$24.99; sustaining members, \$25.00-\$99.99; life members, \$100.00 or more during any one year

## You'll Want to Read

|  |    |
|--|----|
| Historical Religious Monuments .....   | 3  |
| History of the Sabbath .....           | 5  |
| Orlando Smith Writes to Editor .....   | 6  |
| From Sabbath to Sunday .....           | 7  |
| Sabbath Keepers in the News .....      | 8  |
| The President's Message .....          | 10 |
| Let's Get Acquainted .....             | 11 |
| News from Sabbath-keeping Groups ..... | 12 |
| Letters .....                          | 14 |
| Vitamin B6 .....                       | 15 |
| A Note from the Editor .....           | 16 |
| Bible Sabbath Quiz .....               | 18 |

*Opinions in articles are those of the writers and are not necessarily endorsed by the Bible Sabbath Association.*



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# President Littrell and Director Bradshaw Visit Historical Religious Monuments

ON May 27, 1974, President Terril D. Littrell and Director R. D. Bradshaw visited the Fields of the Wood and Jerusalem Acres.

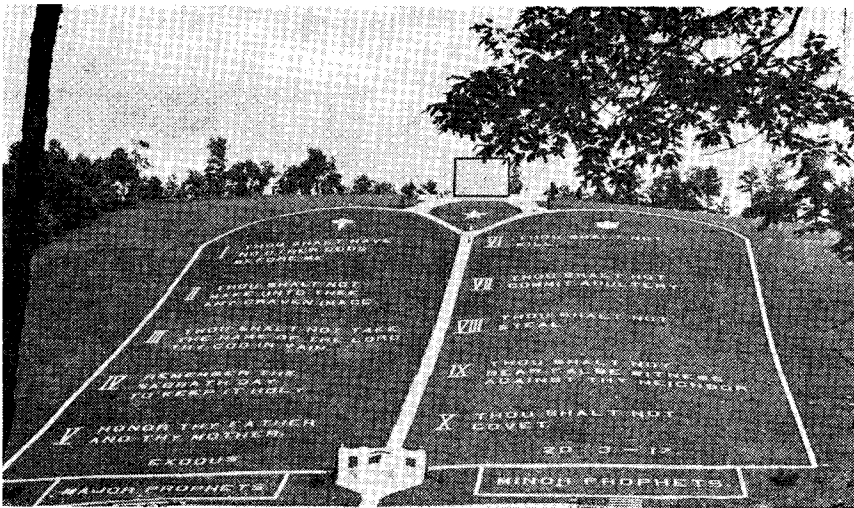
Fields of the Wood, often referred to as the Biblical wonder of the twentieth century, is located in Cherokee County, N. C., on Highway 294, 18 miles from Murphy, and covers 200 acres.

Erected by the Church of Prophecy Markers Association under the direction of Grady R. Kent in 1943 at the cost of \$1.5 million, this project was constructed to mark the place where it is believed that God re-established His true church in these last days through His prophet A. J. Thomson, a colporteur of the American Bible Society who later became a holi-

ness preacher and founder of the Church of God of Bible Prophecy in 1903.

It was called Fields of the Wood because it was believed that the church had been established in the mountain in a place known as Fields of the Wood, a fact which was typified in the Old Testament by the Ark of the Covenant and the place where it was found (Psa. 132:6).

The project includes Bethlehem Star, Baptismal Pool, Altar of Prayer, Tablets of Bible Doctrines, Beatitudes, Lord's Prayer, Rose Garden, Church Flag, U. S. Flag, All Nations Cross, and the most outstanding feature of all, the largest Ten Commandments in the world, which are written five feet high and four feet wide, and are



*The largest Ten Commandments in the world*

enclosed in a border 300 feet from side to side.

In bold letters, one can read the fourth commandment: "REMEMBER THE SABBATH DAY TO KEEP IT HOLY." But for many years this Church of God group did not observe the true Sabbath of God; instead their official stand was "Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days" (Col. 2:14).

The prophet A. J. Thomlison died in 1943 but the church did not lack spiritual and anointed leadership. Grady R. Kent worked on to fulfill the prophetic vision of A. J. Thomlison and the perfecting of the Church of God.

In 1959 Grady R. Kent became the chief bishop of the Church of God and established headquarters at Jerusalem Acres, Cleveland, Tenn., 51 miles from the Fields of the Wood.

Bishop Kent had often stated that at the time when God's program of prophecy called for it, the Church of God would fulfill the Scriptures regarding the observance of the Sabbath. But he did not live to see that day. He passed away March 31, 1964. It was not until a decade later that the Sabbath came to the front and due consideration was given to its observance by the Church of God.

According to Bishop Kent, Jerusalem Acres was to be another biblical wonder. It was a parallel project of Fields of the Wood. While that project was designed to reveal the vision of the early church, Jerusalem Acres was designed to be a composite revelation of both the early church and the last days church.

Jerusalem Acres is laid out in the

form of a cross, representing the cross of Christ, through which all will enter the city of God. There is a rainbow in the West Gate to remind God's people of the covenant of God to man and to the earth.

In the area of the West Gate is the location where a temple is to be erected. It is near here that the late Bishop Kent is buried.

The present center of attraction at Jerusalem Acres is the Tabernacle of Witness, which is designed to be a witness to all people of the prophetic work of God in the last days. It is constructed in the order of the Tabernacle of Witness and the Temple of Solomon.

The designs and symbols of the seats of the throne on the platform of the tabernacle are taken from Scripture. These seats include the offices of the chief bishop, the apostle to the Jews, the two witnesses, the four corners, the twelve apostles, the seventy prophets, the seven men of wisdom, and the captains of the four powers.

The throne is designed to reveal the order of government in the church and to demonstrate the nature and pattern of the throne of God in heaven, as well as the millennial throne of Jesus Christ. The throne and the section called the Holy Place are separated from the congregation by beautiful curtains, embroidered with cherubim seven feet tall. The tabernacle contains also a replica of the holiest of holies, which is for demonstration purposes only. The doors of this section are open, which demonstrates the fact that all men have access to the holiest of holies in heaven by the blood of Jesus Christ.

*(Continued on page 20)*

# History of the Sabbath Through the Ages

## The Sabbath in the Gospels

JOHN KIESZ

**D**URING the centuries immediately preceding the Messiah's first appearance, Sabbath keeping had become a "mark" or "sign" of distinction between the Jews and the surrounding nations, which was a peculiar symbol of loyalty toward their God, Yahvah. As previously mentioned, by the time the "Lord of the Sabbath" (Mark 2:28) arrived upon the scene, the Sabbath had become the central figure of their formalism. The Pharisees had become the leaders of their traditions and commandments, which in many instances were in conflict with the Commandments of the Creator.

And since the Messiah came to restore primitive religious principles and to remove formalistic rubbish, among other things, the Sabbath became a point of controversy. Not that He came to do away with the law of God or the Sabbath (Matt. 5:17-20), but He did teach and practice acts of mercy and works of necessity (Matt. 12:1-13; Luke 6:1-11). He was a regular attendant at Sabbath services, and of the opening of His ministry, we read:

"And Jesus returned in the power of the Spirit into Galilee; and there went out a fame of him through all the region round about. And he taught in their synagogues, being glorified of all. And he came to Nazareth, where he had been brought

up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read" (Luke 4:4-16).

If we may look at the prophetic word as history foretold, then we will notice that according to Isaiah, the gospel prophet, the new Gentile converts were to observe the new covenant and to keep the Sabbath (Isaiah 56). This was to be in the day when the Father's house was not considered for the Jews only, but when His "house shall be called a house of prayer for *all* people."

### *History of the Sabbath in the Acts of the Apostles*

The book of Acts is the inspired source of apostolic church history. Therein we find that every congregation which is mentioned was founded by Sabbath-keeping apostolic missionaries. That the apostolic church did observe the Sabbath, as well as all the other precepts of the law, admits of no doubt. The early Christians were not accused of violating the Sabbath. Acts, from the tenth chapter forward, is not the history of the Jewish converts only, but largely of Gentiles, also.

The thread of Sabbath history in the apostolic church is found mainly in the record of Paul's missionary  
(Continued on page 17)

# Orlando Smith Writes to Editor

Bible Sabbath Association member Orlando J. Smith wrote the following letter to the editor of the Milan, Tenn., *Mirror*:

Dear Editor:

How many of us realize that the traditional Sunday closing law in force in many areas of our country is clear violation of religious freedom when put into effect and justified on religious grounds? Did you know that there were three Seventh Day Baptists that signed our Declaration of Independence? I am concerned with the attitude within the churches where many feel the right to enforce their religious practices upon those of differing religious practice.

Did our forefathers die in vain for the principle of "separation of church and state," defending the belief that each man ought to be allowed the fullest and freest expression of his religion (or nonreligion), so long as he does not infringe upon the same right of his neighbor?

We forget that, though Sunday-worshiping Christians are in the majority in this country among religious people, we do not have the right to force our practice upon the minority.

A Sabbath keeper runs a small business and because he is a Sabbath keeper, his business is closed each Saturday. He respects others' right to worship on Sunday and others should respect his right to worship on Saturday. But there is a difference: As a Sabbath keeper, he closes his business voluntarily so that he will be able to worship his God in his fashion. But as a Sabbath keeper living under Sunday closing laws, he is required to close his store on Sunday so that Sunday keepers will be able to worship their God in their fashion.

In a Sabbath-keeping church the people set aside their jobs on Saturday to worship God. This takes real sacrifice because Saturday is a good day for business. But that is not all; they are required by law to set aside their jobs on Sunday while more orthodox Christians worship. This holds true for all their employees also.

Why should Sunday keepers be favored by law over any other man's faith? Would not a faithful Christian worship on the day of his convictions without man-made laws? Jesus Christ does not force His laws on anyone and we are to strive to be like Him. I propose we amend this law to read all businesses will be closed one day of the week at their posted choosing or both days.

Do you citizens who got this law put on the books really realize what it says: "It shall be against the law for anyone to perform services on Sunday with several exceptions"? It does not exempt preachers from performing services on Sunday.

*(Continued on page 19)*

# From Sabbath to Sunday

PASTOR LARRY HADDEN

**M**ANY times we who know of and honor God's holy Sabbath day are very anxious to have every other person, Christian and non-Christian alike, to come into the precious knowledge of the Sabbath and start observing it according to the Fourth Commandment. This is a good thing to desire, and most worthy of all the work that sincere Sabbatharians put into the spreading of this truth.

In times past, and still today, there are many reasonings and disputations forwarded to try to help the understanding of those who observe Sunday as the "Christian Sabbath." And in spite of solid, irrefutable Bible texts that are used in such discussions, there is still a strong resistance to the acceptance of God's Sabbath. However, such resistance is eventually going to end, and we must keep on presenting the truth on the subject.

There are many excellent texts to be used in support of the Bible Sabbath, and there is another combination of texts which, if taken at face value and *deeply* thought out, should leave all Sundayists without excuse. They are as follows:

(1) Malachi 3:6—"For I am the Lord, I change not; therefore ye sons of Jacob are not consumed."

(2) Hebrews 13:8—"Jesus Christ the same yesterday, and to day, and for ever."

These two texts establish the fact that the Almighty God is *always the*

*same*—He (They) didn't change one iota "at the cross."

(3) James 1:18—"Every good gift and every perfect gift is from above, and cometh down from the Father of lights, *with whom is no variableness, neither shadow of turning*" (emphasis mine).

Now, what these verses tell us is this: since the Father and Son *never* change, they are the same in this dispensation as in the last one. And since Jesus (Yahshua) kept His Sabbath day when here the first time, would He not then be bound to keep it just the same way *today* if He were personally here (which He is, via the Holy Spirit)? Of course He would! Hallelujah! This is in complete harmony with 1 Peter 2:21, also.

The last text here used is one of the best of all. Isaiah 66:22, 23: "For as the new heavens and the new earth, which I will make, shall remain before me, saith the Lord, so shall your seed and your name remain. And it shall come to pass, that from new moon to his new moon, and from sabbath to his sabbath, shall all flesh come to worship before me, saith the Lord" (marginal reading). What this means is that from month to month and *week to week* we will come to worship.

So rejoice in this fact, all ye who keep God's holy Sabbath: when Jesus comes back to the earth, the

(Continued on page 21)

## *Sabbath Keepers in the News*



*Emma Weir at age 91*

Emma Weir, member of the Church of God (7th Day), celebrated her 91st birthday last February.

Emma was born in Nebraska and moved to Wisconsin when she was

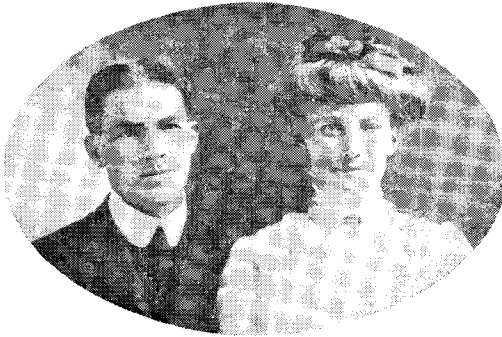
young. It was here that she met her husband Martin. It was in the spring of 1904 that a young girl, following an old custom, put a slice of wedding cake under her pillow, having been told that the dream she dreamed that night would come true.

She dreamed that she was standing by the well and a young man walked up the driveway and put his light tan satchel on the well platform—and sure enough, the next day she was out by the well and up the driveway walked a handsome young man and set his light tan satchel down on the well platform. During the following days, while he visited the neighbors, she thought he was a kind of showoff, as he demonstrated his ability with the punching bag.

But as the days went by he began to look better and better. In June, 1904, they were married. (You see they didn't waste any time.)

Her varied experiences in life would fill a book. She cooked for lumberjacks, was postmistress, ran a store and farmed, among other things. Each place she filled had many interesting times—not all good.

“It takes a lot of vinegar and sugar,” says Emma. “That’s my secret to long life—learn to take the bitter



*Martin and Emma  
Weir's wedding  
picture.*



with the sweet." She can still recall these events, remembering details, names, and dates.

She became a Sabbath keeper with her husband in 1925. She was a Lutheran at that time and it was only after considerable study and a message from the Lord that she was baptized and joined the Church of God.

Martin passed away in May, 1970, but she is still active in the church, rarely missing a Sabbath service or any other event of the church.

She hasn't let herself become old.

In the last couple of years, she has flown to Texas, Oregon, Missouri, and California a couple of times, besides numerous side trips by car.

Whenever the opportunity presents itself and she is asked to go anywhere, the answer is, "I guess I could," and grabbing her coat, away she goes!

Her children, grandchildren, great grandchildren, and great, great grandchildren "rise up and call her blessed."

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## FROM THE OFFICE OF PRESIDENT

June 28, 1974

Dear Members and Friends of the Bible Sabbath Association:

So many have written and ordered the new *Directory of Sabbath-Observing Groups*. It seems that this new book is going to be a real popular item among Sabbath keepers. We thank you for your patience in waiting for your order. We face two problems right now. First, since it is going to be a book of 250-300 pages, it is taking a while to have it printed. Much longer than we thought it would. Second, the cost of printing is going UP. We now realize that the cost of printing alone will average no less than \$3.00 per copy, and maybe more.

Most of you, thinking the new directory would cost \$1, sent that much in with your order. Whatever the cost will be when the book is printed, the \$1 will be counted as a deposit and we shall let you know how much more you owe.

Hopefully it should be off the press by late September or early October.

Again we say thank you for waiting. The matter is beyond our control.

Yours sincerely,

Terril D. Littrell  
President



THE  
PRESIDENT'S  
MESSAGE

## Fellowship

**T**HE Bible Sabbath Association is not a denomination. It is a fellowship.

From its very beginning the Bible Sabbath Association has promoted a program of unity among Sabbath keepers, advocating fellowship and love for one another. It recognizes all who belong to the body of Christ as "brothers and sisters." As a fellowship, all of us meet together on the common ground that as children of God we should honor His Sabbath day. Our common ground cannot be hair-splitting doctrine, since there are many issues on which we do not all agree. Regrettably, extreme sectarianism has overlooked this truth, resulting in backbiting and dissension and causing the world to ask sneeringly, "Where is the unity of the brethren you talk so much about but practice so little?"

The Bible Sabbath Association does not belittle the tremendous and dedicated service of ministers, evangelists, and missionaries of denominations who are called by the Almighty to preach the Word, but it has no denominational boundaries.

It welcomes, relies upon, and thanks God for the prayers, advice and the assistance of all its members

of all denominations while no denominational line is drawn or doctrine stressed. It marches under the VICTORY banner of love! It encourages the formation of local branch chapters throughout its membership, whereby those Sabbathkeepers who desire may join to work and fellowship together for the common good of us all in promoting the seventh-day Sabbath. We believe that through the formation of local branch chapters the basic principles upon which the Bible Sabbath Association was originally founded would best be carried out.

The Bible Sabbath Association recognizes that for this body to function in its greatest efficiency does not require loss of the distinctive character and characteristics of each member or group of members, but rather that all come into full fellowship and coordination through the Head—our blessed Savior.

We believe that the Bible Sabbath Association is experiencing a new era of growth. Our board of directors joins with me to encourage you to join us in building the foundations for this new era. Our goals can be attained only as we discipline ourselves and unite on certain basic principles:

1. We must show willingness to cooperate with other denominations.
  2. We must show reasonableness in interchurch relations.
  3. We must continue to battle and defeat any law or civil ordinance which would hinder us as Sabbath keepers from practicing our faith with complete freedom.
  4. We must vigorously meet the challenges that are before us to wit-
- (Continued on page 23)

## *Let's Get Acquainted with . . .*

The Sabbath Sentinel Editor



TERRIL D. LITTRELL

To his many friends, this remarkable man needs no introduction. However, to those of you who have not met him, it is our privilege to introduce to you Eugene Lincoln.

If ever there were a round table of dedicated Christians chosen to serve the Bible Sabbath Association, surely one chair would be reserved for him. His name, like those of Main, Burrell, and Gearhart, will forever be inscribed on the annals of our association, so indelibly written into BSA history that it would be inconceivable to think of one without the other. He is very much a part of our association—and our association a part of him.

His soft, kind, and sympathetic voice is heard in various places in Seventh-day Adventist circles, expounding, promoting, advocating, advancing the cause of the BSA. For many in his denomination, he is the Bible Sabbath Association in the flesh! The respect, the goodwill, the integrity the BSA has enjoyed in Seventh-day Adventist circles is in no small measure the responsibility and achievement of Eugene Lincoln. His is the BSA's link with the Seventh-day Adventist Church. It has been an assignment he has relished, an assignment he has accomplished

with great success. It has been through his efforts that articles concerning the work of the association have appeared in several magazines.

He received his B.S. from Marion College in 1948 and his M.A. in teaching from Andrews University in 1973.

His official biography lists him simply as a printer, English teacher, writer, editor, and local elder in the Seventh-day Adventist Church, but we in the BSA family know he is much more. His record of service to the association goes back to the day he joined the Bible Sabbath Association in 1953. He has served on the board of directors continuously since 1960. He became the editor of *THE SABBATH SENTINEL* in March of that year. He has never accepted any pay for his services beyond expenses, stating, "I receive my pay in blessings from the Lord for what I do." To minister in this capacity, it is evident that he loves his Heavenly Father, people, and has a keen sense of dedication to promoting the Sabbath truth.

Through the years his faithful wife, Darlene, has remained by his side and has been a means of encouragement and strength to him. They have been blessed with four children, three sons and a daughter.

# News from Sabbath-keeping Groups

Conducted by R. D. Bradshaw

## *Seventh Day Baptists*

An interesting article by Brother John Bevis in the April 1974 *Sabbath Recorder* pointed out that in 1974 the American Sabbath Tract Society (Box 868, Plainfield, N. J. 07061) completes 139 years of service to Seventh Day Baptists. He made this remark about the society which I believe is especially pertinent: "The society through the years has been dedicated to serving the denomination and to the dissemination of the Word of God with special emphasis on the Sabbath truth."

BSA is happy for these 139 years of spreading the Sabbath truth. We hope that the society will continue this dedication in coming years.

I also noted in the April and May 1974 *Sabbath Recorder* news of the organization of three new SDB fellowships: Sioux Falls, S. D.; New York, N. Y.; and Toronto, Canada. If you are interested in visiting any of these—you may contact:

Brother Phil Burrows,  
1605 Crestview Drive,  
Sioux Falls, S. D. 57103.  
Services—Sabbath mornings.  
Pastor Herbert Saunders  
Telephone (201) 757-0555  
Services are held at the Sloane  
House YMCA on 34th Street,  
Manhattan, New York, N. Y.

Brother Herlitz H. Condison  
Telephone (416) 694-3728  
Services are held at 10 a.m. on  
Sabbaths at Temple Baptist  
Church, 14 Dewhurst Blvd.,  
Toronto, Canada.

BSA wishes these new Sabbath  
keeping groups the best.

## *Seventh-day Adventists*

The Chattanooga *Times*, May 26, 1974, carried an announcement of interest to many BSA members. Sabbath, May 25, 1974, brethren of the Seventh-day Adventist church at their 85th annual camp meeting in Collegedale, Tenn., announced a new headquarters building for the Georgia-Cumberland Conference. It will be built at Calhoun, Ga. (at the Redbud exit of I-75) on a seven-acre tract, and will cost about \$400,000. Conference headquarters are now located in Decatur, Ga.

From the March, 1974, *Southern Tidings* magazine, I found another item of interest to Sabbath-keeping brethren in the South. A new SDA company of believers was organized (on top of Lookout Mountain) on Jan. 19, 1974, by Pastor Fred Minner, secretary-treasurer of the Georgia with 45 members in Cloudland, Ga. Conference Association. Plans are already under way for a church build-

ing. Best wishes from BSA to this new group of Sabbath keepers.

This same issue carried another article of interest concerning Southern Publishing Association of Nashville, Tenn. As many of you Sentinel readers probably already know, SPA broke ground for a new modern, efficient plant facility back in October, 1972. Occupancy of this new publishing house was started in November, 1973. Almost three months were required to complete the move from the old building to the new. Grand opening ceremonies for the new facility were held on March 12, 1974. The importance of this event was pointed out in the article:

“C. L. Paddock, general manager of the Southern Publishing Association, expresses it this way: ‘Seventy years ago, the Lord specifically directed in the establishment of this publishing house. Today, we are celebrating a “first” in Seventh-day Adventist publishing—the first publishing house that is planned to be complete just as it is; planned to meet the needs of tomorrow without being adapted, added to, or remodeled. We are ready to meet the challenge of the future.’”

BSA hopes this new facility will play a significant role in the spreading of the Sabbath truth.

#### *The Congregation of Yahshua The Messiah (of Dadeville, Ala.)*

The Congregation of Yahshua The Messiah is holding services for worship and Bible teaching in Atlanta, Ga., 3 p.m. each Sabbath at 816-A Woodland (near Delaware and two blocks off of Mooreland Ave.). The overseeing ministers are R. W. Young and Peter W. Anderson. Visitors are

welcome at their services.

For more information, contact Elder R. W. Young, Route 2, Box 158, Dadeville, Ala. 36853.

BSA expresses best wishes for this new congregation of brethren in Atlanta.

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#### **The Sentinel Apologizes**

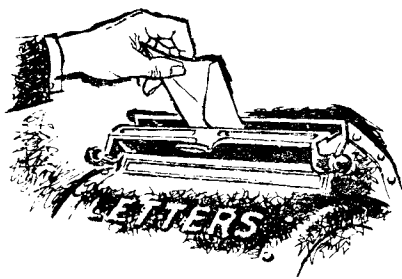
In the June, 1974, issue, under “News from Sabbath-keeping Groups,” we incorrectly listed the name, address, and telephone number of Elder James Pridmore of the Assembly of Yahvah (of Junction City, Ore.) in the wrong place. It should have been listed under the camp meeting scheduled at Camp Maxwell, Ala. It was incorrectly listed under the camp meeting scheduled by the Assembly of Yahvah in Emory, Tex. We apologize to Brother Pridmore and the Assemblies of Yahvah of Junction City, Ore., and Emory, Tex., for the goof.

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#### **Pastor Freeman Honored**

At the recent International Convention of the National Religious Broadcasters held in Washington, D.C., an honor certificate was awarded to Kenneth H. Freeman for his work as speaker for “The World Today” broadcasts.

Brother Freeman produces fifteen-minute programs for stations in Oregon, Texas, New Mexico, Kentucky, and Virginia, and four fifteen-minute programs per week for broadcasts overseas. He is also speaker for “Echoes From Eden” programs sponsored by the Bible Sabbath Association. He is heard 33 times each week on these broadcasts.



Conducted by Mrs. Ruth Thomas

I am a Bible Sabbath keeper of the Seventh-day Adventist background. It is my earnest desire and ambition to draw all the Sabbath keepers closer to each other so there will be no division when trials come.

We all need to come together and see our differences disappear. We are going to need the help of each other in the days just ahead. In unity and love let us place our prayers before the throne of God that He will help us fulfill His purpose on the earth in the time period that we are living in.

Yes, I desire to be a member of the Bible Sabbath Association International. Please find \$..... enclosed for my membership contribution for the year.

—S.D.A. Evangelist,  
California

\* \* \*

Please send me the latest *Directory of Sabbath Observing Groups*, and a copy of *THE SABBATH SENTINEL* with the article by Terril D. Littrell about Seventh-day Catholics.

—Richard S. Trigg,  
St. Louis, Mo.

\* \* \*

We receive *THE SABBATH SENTINEL* each month and observe how very

much it is improving lately. You folks are doing a good job. Keep up the good work.

—H.M.R., Michigan

\* \* \*

Please enroll me as a member of the Bible Sabbath Association.

—Robert T. Qualkenbush,  
Indiana

\* \* \*

I wish to place an order for tracts and tell you that I am looking forward to seeing the new *Directory of Sabbath Observing Groups*. Our prayers are always for the success of the Bible Sabbath Association International. . . .

—C. T. White,  
Illinois

\* \* \*

Reverend Sirs:

We wish to place an order with your association for the forthcoming *Directory of Sabbath Observing Groups*.

Thank you for the literature that you recently sent for our mission work.

—Bishop B.S., Africa

\* \* \*

I am a member of the Seventh-day Adventist Church and am happy to learn of so many other Sabbath-keeping churches in the world.

I have been receiving *THE SABBATH SENTINEL* since 1969 and think it is just great!

I have great confidence in the work of the Bible Sabbath Association International. I believe your main mission is to help advance unity among all Sabbath-keeping people in the world.

—Mrs. R. W., Australia



## Vitamin B6—Giant of Nutrition

by Dr. Allen R. Babcock

**B**EFORE we discuss some of the important functions of pyridoxine (B6), let us reflect for a moment on the need for complete nutrition. There is real danger in emphasizing a few nutritional elements and forgetting the others, even little-known elements or trace minerals, which may be found in good supply in your own garden.

We of the seventh-day Sabbath persuasion see the need for recognizing the whole law of God. And to violate one of the least of these commands is vary dangerous. Health laws, too, are like that. Let us make persistent effort to use whole fresh organically-grown foods as much as possible and in wide variety.

As we consider pyridoxine with the other nutritional giants, let us not forget the "whole thing" is important.

Though pyridoxine was identified by Dr. Paul Gyorgy in 1934, its importance went virtually unsuspected for the next 20 years. Then in the early 50's doctors discovered a deficiency of B6 produced convulsions in infants. Since then scientists have found that vitamin B6 has many important functions. Today we will deal with only a few of these important functions.

Pyridoxine is important to the use

of fats and carbohydrates in our food. Vital enzymes and nucleic acids—keys to proper growth, maintenance, and repair of our bodies—all depend on a supply of vitamin B6.

Some of these uses are, in rheumatism Vitamin B6 is important in warding off painful stiffness in the hands and numbness and tingling in the hands, according to Dr. Ellis in his new book, *The Doctor's Report*.

Dr. Ellis points out that pyridoxine therapy has been used successfully to treat premenstrual edema as well as edema of pregnancy and abdominal swelling associated with the use of birth control pills. Edema, Dr. Ellis writes, has been so common that many doctors have come to accept it as being normal, and patients have become resigned to suffer through it. "It is not normal at all," and he adds that all pregnant women have increased need for vitamin B6.

Science editor James Pearre, in discussing "the pill," observes, "The depression some women experience while on the pill may occur because oral contraceptive drugs interfere with their bodies' use of vitamin B6."

Dr. Leonard Lubby, director of nutrition research at New York Medical College, said, "Oral contracep-

*(Continued on page 22)*

A Note  
from  
the Editor



## Ancient Lamps

**M**Y desk on which I do most of the work for this magazine is located in our family room. When we lived in Fort Wayne, Ind., our home boasted the luxury of a private study, but our house here in Old Hickory, Tenn., does not permit that.

On the desk before me are fifteen various dictionaries, an AM-FM-short wave radio, and other miscellaneous items. To my left are four bookcases (stacked two high to save room), containing several hundred books, including the Bible in sixteen English translations, as well as in Spanish; several additional English translations of the New Testament; and an interlinear Greek New Testament. On the other side of the room is a TV, now out of order, waiting until we can get it repaired.

But it is about one item in the bookcase I want to write. On the shelf containing the Bibles is an oil lamp, somewhere between 1500 and 2000 years old. Each time I gaze at it, it becomes almost an H. G. Wells-type time machine, transporting me, in imagination, back to another age when Christianity was a small struggling religious movement



kept alive by a few brave believers who were willing to give their lives for their faith.

Sometimes the lamp seems out of place in the same with radio, TV, typewriter, and electric lights. But when I consider, it seems very much to belong there, reminding me that through all ages, the Scriptures have been "a lamp to guide me, and a light for my path" (Psa. 119:105, Today's English Version).

Compared to the Scriptures, however, the lamp is modern indeed. And a few things are even more ancient than the written Scriptures. One of them is the Sabbath, a lamp at the end of each week to help us remember that our Savior is also the great Creator of all things (John 1:3; Heb. 1:2).

*Eugene Lincoln*

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Joseph Stalin said, "If we can effectively kill the national pride and patriotism of just one generation, we will have won that country. Therefore, there must be continued propaganda abroad to undermine the loyalty of the citizens in general and the teenagers in particular."

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"When an American says that he loves his country, he means not only that he loves the New England hills, the prairies glistening in the sun, the wide and rising plains, the great mountains and the sea. He means that he loves an inner air, an inner light in which freedom lives and in which a man can draw the breath of self-respect."

Adlai Stevenson



## HISTORY OF THE SABBATH THROUGH THE AGES

*(Continued from page 5)*

labors. In his first missionary journey with his companion Barnabas, Paul came to Antioch in Pisidia in A.D. 45, and went into the synagogue on the Sabbath day. By invitation of the leaders, Paul delivered a message, proving that Jesus (Yahshua) was the Messiah. Of what followed immediately upon the conclusion of that service, we read:

“And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next sabbath. Now when the congregation was broken up, many of the Jews and religious proselytes followed Paul and Barnabas; who, speaking to them, persuaded them to continue in the grace of God. And the next sabbath day came almost the whole city together to hear the word of God” (Acts 13:42-44).

Here would have been a remarkable opportunity to mention that the Sabbath had been changed, and that Paul should preach to them the next day, Sunday. But this was not the case. There was a continued and habitual recognition and observance of the Sabbath by both the Jewish and Gentile worshippers.

In about A.D. 51, the apostles assembled at Jerusalem to consider the question of circumcision. This was a subject apart from the Ten-Commandment law. Their decision was:

“Wherefore my sentence is, that we trouble not them, which from among the Gentiles are turned to God; but that we write unto them, that they abstain from pollution of idols, and from fornication, and from

things strangled, and from blood. For Moses of old time hath in every city them that preach him, being read in the synagogues every sabbath day” (Acts 15:19-21).

The reason for the proposed course was that the newly converted Gentiles could hear the preaching and further instructions in the synagogues “every sabbath day.” In other words, the Gentiles did attend services on the seventh day of the week at that time.

When Paul and Silas received a call to come to Macedonia and they came to Philippi, they looked for a place to worship on the Sabbath day. Not finding a synagogue there, they went out by the riverside and met with a group of women who had had regular Sabbath services at that place (Acts 16:12, 13).

“Now when they had passed through Amphipolis and Apollonia, they came to Thessalonica, where was a synagogue of the Jews: And Paul, as his manner was, went in unto them, and three sabbath days reasoned with them out of the scriptures. . . . And some of them believed, and consorted with Paul and Silas; and of the devout Greeks a great multitude, and of the chief women not a few” (Acts 17:1-4).

This was the origin of the Thessalonian church. Besides the few Jews who received the gospel there through the preaching and teaching of Paul, there was a great multitude of Greeks (Gentiles) who met for services on the Sabbath day. This church became followers of the Sabbath-keeping churches of God in Judea (1 Thess. 2:14; 1:7, 8).

From Thessalonica, Paul went to Berea, Athens, and Corinth. At Co-

*(Continued on page 21)*

# Bible Sabbath Quiz

LEROY C. BASS, Georgetown, Guyana

Bible references are listed in one column. Within these references are answers to questions asked in the second column (with a few unused texts added). Your task is to draw matching lines from the text which correctly answers the appropriate questions and *write in* the answers on the lines provided. You will need to use your Bible.

You get 4 points for each correctly *matched text and question* and 3 points for each correctly *written answer* (except for questions 1 and 10, where you receive 4 points because of the multiple answers needed), making 100 the perfect score.

- |                 |  |
|-----------------|--|
| Genesis 2:2     | 1. What are two reasons why the angry Jews wanted to kill Jesus? a. ....<br>b. ....  |
| Matthew 12:1, 2 | 2. Although the Jewish leaders professed a zeal for adherence to Moses' law, what did Jesus say about their keeping it? .....              |
| John 5:8        | 3. What reason did the Pharisees give for their announcement that Jesus could not be from God? .....                                       |
| Hebrews 4:4, 10 | 4. What is the best motive that Jesus declares for people to keep His commandments? .....  |
| Exodus 16:25    | 5. How did the Pharisees react to Jesus' disciples plucking some grain in the fields to satisfy hunger on the Sabbath? .....               |
| Mark 3:3-5      | 6. What caused Jesus' heart to be grieved after He asked the Pharisees whether it was lawful to do good to save life on the Sabbath? ..... |
| John 7:19       | 7. What do we enter when we cease from our labors on the seventh day as God did? .....   |
| John 14:15      |  |
| Ezekiel 20:20   |  |
| John 9:14-16    |  |

- John 7:23                    8. What was one of the Sabbath restrictions the Jews reminded one man? .....
- Luke 23:56                 9. For what purpose did many Gentiles request a meeting on the Sabbath? .....
- Nehemiah 13:19           10. In Jesus' reply to some Pharisees He reminded them that the ..... in the Temple were considered ..... when they performed the drink and burnt offerings on the ..... (fill in the 3 blanks)
- John 9:39-41              11. How does Jesus show up the inconsistency of the Jewish leaders' being angry at Him for healing a man on the Sabbath? .....
- Acts 13:42, 44            12. What did the women from Galilee do when the Sabbath came while they were in the midst of important funeral preparations? .....
- Hebrews 4:9                .....  
 Matthew 12:5              13. What remains today for God's people? .....
- Isaiah 56:6, 7             14. If anyone today, like the Jews of old, sees the truth, but rejects it, what judgmental announcements will Jesus make upon such spiritually self-blinded person? .....

Add your points for correctly  
 matched texts and questions.

Add your points for correctly  
 written answers.

..... points.

..... points

The total of both is .....

Your score.

#### ORLANDO SMITH WRITES TO EDITOR

*(Continued from page 6)*

In I Thessalonians 4:11 we are told to work with our hands as God commanded us. I have failed to find in the New Testament a commandment to work on the Sabbath. In the beginning we were commanded to work six days and rest on the seventh day.

—Orlando J. Smith  
 322 Smith St.  
 Milan, Tenn. 38358

**PRESIDENT LITTRELL AND DIRECTOR BRADSHAW VISIT HISTORICAL RELIGIOUS MONUMENTS**

*(Continued from page 4)*

Jerusalem Acres, when completed, will contain within its gates the Tabernacle of Witness; the temple, seating 7,000; administration offices of church headquarters; publishing house, plant and offices; School of Ministry building; offices of the seven general overseers of business; the treasury house of God; baptismal pool; flower garden; display of the Ten Commandments, and other interesting markers.

In early summer of 1973 President Littrell received word from a BSA member in Arkansas that the Church of God—Jerusalem Acres, Cleveland,

Tenn., had officially accepted the Sabbath truth as part of its doctrine and practice. Shortly thereafter he received a letter from R. D. Bradshaw, with an enclosed letter from the Church of God chief bishop, Robert S. Somerville, dated July 11, 1973, stating: "...We do acknowledge the Sabbath, and are making some steps toward finding the perfect will of God according to New Testament order. As yet, we have not made it mandatory for our churches to have worship on that day. However, it is in serious consideration...."

President Littrell then wrote a letter to Bishop Somerville, making further inquiry about the Church of God's observing the Sabbath, and received a letter from the chief bishop dated August 14, 1973, stating, "I am happy to report that I, with



**"Echoes from Eden"  
Radio Log**

The new "Echoes From Eden" is now on the air on these stations:

KBLE-FM, Seattle, Wash. (93.3 MHz)—12:05 p.m., Mon.-Fri.  
KOFE, St. Maries, Idaho (1480 kHz)—12:30 p.m., Mon.-Fri.  
KXEN, St. Louis, Mo. (1010 kHz)—2:30 p.m., Mon.-Fri.  
WMOO, Mobile, Ala. (1550 kHz)—3:35 p.m., Mon.-Fri.  
WLPB, Birmingham, Ala. (1480 kHz)—3:55 p.m., Mon.-Fri.  
KXOW, Hot Springs, Ark. (1420 kHz)—12:05 p.m., Mon.-Fri.  
KOAM, Pittsburg, Kan. (860 kHz)—11:45 a.m., Mon.-Fri.  
KREX, Grand Junction, Colo. (1100 kHz)—6:45 p.m., Mon., Wed.,  
Fri.

We invite your support of the new "spot" programs on these and other stations. Send donations to:

**BIBLE SABBATH ASSOCIATION  
Fairview, Oklahoma 73737**

the General Council of Apostles and Elders, have taken an official position to acknowledge the Sabbath day. . . . We are in the process of educating our people to the importance of the Sabbath day, and God is indeed blessing. . . .”

In May, 1974, Mr. Bradshaw and Mr. Littrell both attended the annual general assembly at Cleveland, Tenn., and were eye witnesses to the positive stand that this body of people has taken in favor of Sabbath observance. All local assemblies of the Church of God—Jerusalem Acres, have discontinued the traditional Sunday morning services and are now having Sabbath worship services instead.

Truly it can be said after this visit by two BSA representatives to the Fields of the Wood and Jerusalem Acres that this area of the country is America’s unusual spot.

For further information about this work, write to the Church of God, Bishop Robert S. Somerville, Cleveland, TN 37311. Phone (615) 472-1597 or 472-4201.

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## HISTORY OF THE SABBATH THROUGH THE AGES—

(Continued from page 17)

ninth he found a certain Jew named Aquila, and his wife Priscilla, with whom he then lived and worked for a year and a half, and raised up the Corinthian church of God, which was composed mainly of Greeks (Gentiles). “And he reasoned in the synagogue every sabbath, and persuaded the Jews and the Greeks” (Acts 18: 1-4, 11).

In one of His last prophetic discourses to His disciples, the Messiah told them to pray that their flight

from Jerusalem and Judea would be neither “in the winter,” nor “on the sabbath day” (Matt. 24:15-20). He had reference to the time when Jerusalem was to be destroyed by the Roman general Titus in A.D. 70. In the fall of Jerusalem few if any Christians perished, because they followed the instructions of their Leader and fled to the mountains beyond the Jordan, to a place called Pella.

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## FROM SABBATH TO SUNDAY

(Continued from page 7)

*whole world* will be Sabbatarian! When the Word says that “all flesh” is to come to worship before Him, that means flesh and bone (glorified saints) as well as flesh and blood (remaining humans). Praise His wonderful name!

Also notice with this text that the Sabbath is proclaimed to be in existence from the beginning of the world clear into the coming millennial reign!

And consider this: does it seem to be consistent with an *unchangeable* God that He would establish His Sabbath for 4,000 years; *change* it for 2,000 years; and then *change* it back to the “old Jewish Sabbath” again for 1,000 years more, and even into eternity, the final Sabbath? Carnal man (Rom. 8:7) would have us believe in such a God, but God’s Word declares it to be otherwise.

So, if in this present life we cannot convince the world of the truth of the Sabbath, let us rest in the assurance that in the next life the whole world will change from Sunday to Sabbath in obedience to the Fourth Commandment. “Blessed are they that do his commandments, that they may

have right to the tree of life, and may enter in through the gates into the city" (Rev. 22:14).

Editor's note: Larry Hadden is pastor of the Full Gospel Church of God (Seventh Day) in Grand Junction, Colorado.

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## VITAMIN B6—GIANT OF NUTRITION

(Continued from page 15)

tives may sabotage vitamin B6's role in production of a key chemical called serotonin." Serotonin levels are known to be related to mood changes and vitamin B6, which is required for serotonin production, is altered by oral contraceptive drugs, Lubby said.

In November 1971, Dr. Lubby stated that birth control pills cause some women to suffer very extreme anemia and many women to lack two vital vitamins, B6 and folic acid.

Researchers at Harvard University

reported success with vitamin B6 and magnesium supplements in treating patients suffering from recurring kidney stone formation.

Laboratory animals on a pyridoxine deficient diet display symptoms similar to heart disease in man. As important as pyridoxine is, there is mounting evidence that we are not getting enough.

Modern food processing with extremely high temperatures may place stress on the vitamin B6, warned an American Chemical Society meeting spokesman earlier this year. Other researchers have noted that the commercial milling of wheat reduces B6 content by 80 to 90 per cent, and pre-cooked white rice has 93 per cent of its B6 removed.

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### FRONT COVER PICTURE

We are sorry that, due to conditions beyond our control, the front cover picture is defective.

#### NOTICE

*The Sabbath Sentinel* is now available in Spanish. Missionaries and ministers who have contact with Spanish-speaking people are urged to order copies for distribution. A free-will offering to help defray the cost in printing is appreciated.

The Spanish edition is published quarterly.

Order from:

**THE BIBLE SABBATH ASSOCIATION**  
Fairview, Oklahoma 73737

#### NOTICIA

*El Centinela del Sabado* está ahora obtenible en español.

Misioneros y pastores que están en contacto con los que hablan español están solicitando a ordenar copias para distribución. Una contribución voluntaria para asistir en las expensas está apreciado.

*El Centinela del Sabado* es publicado trimestramente.

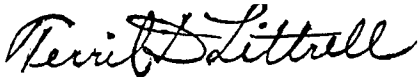
## THE PRESIDENT'S MESSAGE

(Continued from page 10)

ness of the Sabbath truth.

As the members of various Sabbath-keeping groups consider the challenge before us as a united people, I am confident that they too, will join in this great endeavor.

Yours in His Love,



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### PRAYER REQUESTS

Loman Carrroll, Ohio, for healing.

Elder Harvey Otto, Oregon, for healing.

Mrs. Anne, Tennessee, healing from cancer.

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### ATTENDS MEETING

Mr. Semoria Brooks of Youngstown, Ohio, returned home from Brooklyn, N. Y., where she attended a convention conducted by Elder Reid. She states she feels revived, encouraged, and refreshed in her faith from having attended.

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"Be ye kind one to another" (Eph. 4:32).

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Praise loudly; blame softly, keep a friend.

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"They that seek the Lord understand all things" (Prov. 28:5).

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### ANNOUNCEMENTS

**Copy must be brief. No charge will be made, but offerings to defray cost will be appreciated. The right is**

**reserved to reject any proposed copy.**

**Send all copy to Bible Sabbath Association, Fairview, Okla. 73737. Information as to dates and places of Sabbath services, camp meetings, radio programs, desire for employment by Sabbathkeeping people or vice versa, prayer requests, requests for information leading to Sabbath fellowship for isolated people, etc., will be included.**

**This feature, offered solely as a service for Sabbathkeepers, is probably not obtainable elsewhere and is for the purpose of fostering increased good will, love, and harmony among ALL Sabbath - observing people (John 13:35).**

A Sabbath keeper who is a professional artist and has painted nature scenes for a number of baptistries across the country is available for employment in art work. Joe Driscoll, P. O. Box 194, Bon Wier, Texas 75928.

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A Christian Sabbath-keeping gentleman would like to correspond with a Christian Sabbath-keeping woman under 35. Please write to Sabbatarian, 4900 S. Broadway, No. 210, Tyler, Texas 75701.

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Sabbath keeper is available to lecture about last day events in regard to the coming economic crash coming on America as it relates to Sabbatarians. This is a non-controversial subject, but vital to all Sabbath keepers.

If you would welcome this lecture in your church or Bible study group write to Gordan B. Mays, director of Prophecy Proclaims, 10315 NE Sandy Blvd., Sp. 11, Portland, Ore. 97220. Phone (503) 253-9822.

## They . . . Yet Speak



Two of the greatest friends of the Bible Sabbath Association ARE Mr. H. J. Barch, and Mr. Henry L. Hansen. We say "are" although both are deceased.

These brethren were assured that the work they loved and supported would continue since they left the association sizable portions of their estates. Thus they continue to witness and speak.

You, too, can have this same assurance by remembering the Bible Sabbath Association in your will. But you should have your will drawn up NOW. One dear friend of the association wrote that he would like the association to have a portion of his estate after he left this world and asked that a representative of the B.S.A. call on him. But when we arrived we learned that he had passed away—WITHOUT A WILL!

We can help you plan your estate so that you may benefit the work of the Bible Sabbath Association. Write today to:

Stewardship Department  
THE BIBLE SABBATH ASSOCIATION  
Fairview, Oklahoma 73737